

# Yale HEALTH

## *Allergy Department*

Welcome to the Yale Health Allergy Department. Yale Health's Allergy Department is for students who have begun allergy immunotherapy and want to continue to receive allergy injections while they are studying at Yale University. Our department is staffed by board certified allergist/immunologists, Mario Rodenas, MD, and Florence Ida Hsu, MD, and highly qualified allergy nurses; Fran Batesole, RN, Meaghan Harkins, RN, Lauren White, RN, and Lindsay Azulay, RN.

Before we can begin your allergy injections we need the following information to safely provide your allergy immunotherapy. Please make an appointment with your home allergist to request the following:

- Immunotherapy extract with proper labeling
- Shipping of your immunotherapy extract under cold storage
- A copy of your administration/injection record or flow sheet
- A copy of your allergy diagnoses and skin and/or rast testing results
- Yale Health Student Allergy Medical Treatment Plan completed and signed by your MD

### **Immunotherapy Extract**

Your immunotherapy extract must be stored at the clinic.

If you plan to ship your immunotherapy extract please call (203) 432-0093 for detailed instructions.

If you bring your immunotherapy extract with you, it must be refrigerated at all times.

### **Allergy Injections**

**Call (203) 432-0093** before you arrive on campus to schedule an initial appointment with the allergy nurse.

At your initial appointment, we will establish a schedule for your injections. Allergy injections are given by appointment on the following days:

- **Monday**            **9:00 am – 11:30 am and 1:00 pm – 4:15 pm**
- **Tuesday**        **9:00 am – 11:30 am and 1:00 pm – 4:15 pm**

We require all allergy patients to wait in the clinic for **30 minutes** after injections. All allergy patients with a history of reactions are required to carry an EpiPen® on the day of their injections. Please call us with any questions, (203) 432-0093. We look forward to meeting you in the fall.

Dear Doctor:

Yale Health has an allergy clinic for students who have begun allergy immunotherapy and who want to continue to receive allergy injections while they are studying at Yale University. Your patient has received information about our clinic and the steps they need to take to ensure a smooth transition from home to college.

If you want your patient to continue to receive allergy injections, please complete the attached medical information. It is important for you to know that we require all students with a history of reactions to carry an EpiPen® on the day of their allergy injections, so you may wish to prescribe this before the student arrives on campus. We also have a 30-minute waiting period following injections.

If you have any questions about our allergy clinic, please contact me or one of the nurses in the clinic. We are committed to working closely with you to ensure the safest allergy immunotherapy for your patient.

Very sincerely,



Mario Rodenas, MD  
Allergy and Immunization  
Yale Health



Florence Ida Hsu, MD  
Allergy and Immunization  
Yale Health

# Yale HEALTH

## Student Allergy Medical Treatment Plan

2016 - 2017 Academic Year

**Due: July 18, 2016**

Return by mail to:

Yale Health

New Student Forms

P.O. Box 208237

New Haven, CT 06520-8237

Last Name	First Name	Date of Birth
E-mail	Phone	Gender

### Documentation to accompany this form:

- Diagnoses and skin and/or rash testing results
- Administration/injection record or flow chart
- Additional allergy records

### Immunotherapy Extract(s) to Administer

Vial	Contents	Concentration	Strength	Mix Date	Expiration Date
1					
2					
3					
4					
5					

### History of Significant Reaction

Date	Type of Reaction (local or systemic)	Treatment

**Order for local reaction:**

**Order for missed or late injection:**

Clinician Signature:	Telephone:	Date
Address:	Fax:	