

Collaborative Care Management

Improve your child's health in a positive, lasting way

Whether it's an ear infection, cold or sore throat, the PCP is likely the first stop when you notice your child is unwell. Collaborative Care Management streamlines access to behavioral health care for your child, ensuring a comprehensive approach to their treatment. That's why Yale Health Department of Pediatrics is pleased to offer, Magellan Healthcare Collaborative Care Management.

What is Collaborative Care Management?

Collaborative Care Management (CoCM) integrates behavioral healthcare into your child's PCP's office to improve their overall health. Your child will work with a care team that includes your child's PCP, a behavioral health care manager (a licensed clinical social worker trained in CoCM), and a consulting psychiatrist. They'll guide your child's behavioral health treatment, ensure they get the right level of support at the right time, and help reduce their symptoms as quickly as possible.

What are the roles of the members of the care team?

YOUR CHILD

- Meet with the care manager via phone or video at least once a month for about 3–6 months, depending on your child's situation
- Continue to see the PCP for routine care and other needs

PCP

- Determine eligibility and assist with entry into the CoCM program
- Oversee your child's treatment
- Manage your child's medications

CARE MANAGER

- Schedule video or phone calls with your child
- Help your child establish and achieve goals
- Help your child work through challenges they may encounter through brief interventions and individualized care planning
- Keep the rest of the team informed of any changes in your child's conditions
- Consult with psychiatrist for treatment plan adjustments, if needed

CONSULTING PSYCHIATRIST

- Review your child's progress with the care manager and provide diagnostic and treatment recommendations

Ready to improve your child's overall health? It's as easy as picking up the phone. Contact Yale Health Pediatrics at 203-432-0206 to learn more.