

Yale Health Bulletin *Behavioral Health*



At Yale Health, your behavioral health benefit covers treatment for stress, depression, anxiety, and other mental health or substance use concerns. **You do not need a referral from your primary care clinician for this service.**

Treatment for covered mental health conditions and addictions is offered by a local network of professionals, including:

- Psychiatrists
- Psychologists
- Social Workers
- Psychiatric Clinical Nurse Specialists
- Alcohol/drug counselors
- Affiliated organizations, like Yale New Haven Hospital

[Behavioral Health](#) services are not provided at the Yale Health Center but through our partner, Magellan Health Services. Care from a pre-authorized Magellan network provider is covered at 100%.

To find a provider, call Magellan at 800-327-9240 or TDD 800-456-4006. They'll connect you with a licensed mental health clinician.