

# **H** Gender Affirming Care Services

Gender affirming care at Yale Health consists of a multidisciplinary team approach made up of primary care clinicians, nurses, care managers, mental health clinicians, gynecologists, and endocrinologists. Our goal is to provide access to comprehensive, effective, and affirming healthcare services for trans and gender diverse persons and provide a welcoming, affirming, and safe environment for our patients.



#### **Our Promise**

We promise to respect your privacy and treat you with consideration and dignity. You will receive care that is responsive to your healthcare concerns and that is sensitive to your needs. You play a critical role in partnering with Yale Health clinicians in your care.

## **Hormone Therapy**

Refer to your primary care provider regarding hormone therapy. Yale Health utilizes an informed consent model to initiate hormone treatment. Your primary care provider will discuss hormone therapy and a care plan with you.

#### **Mental & Behavioral Health**

You might seek the assistance of a mental health professional for a number of reasons. Your mental health provider can offer support as you navigate decisions and processes surrounding your gender affirming care.

- Yale Health Members
  - o Magellan Health, 800-327-9240
- Yale Students
  - Mental Health & Counseling, 203-432-0290

# **Gender Affirming Surgery**

Yale Health offers coverage of a wide range of gender affirming surgical care, including chest and genital surgery. Additionally, you can contact Specialty Services at 203-432-0335 with questions regarding surgical services.

## **Fertility Preservation**

Our goal is to provide programs and services to meet our patients' needs for fertility treatment for every path to parenthood. To learn more about fertility preservation and options, consult with your primary care provider (PCP) in:

• Internal Medicine: 203-432-0038

• Student Health: 203-432-0312

Obstetrics & Gynecology: 203-432-0222

## **Benefits and Coverage**

Consult your coverage documents for information on Yale Health's coverage of treatments related to gender incongruence and gender affirmation.

Additionally, you can contact Member Services at 203-432-0246 or member.services@yale.edu.

Scan for more information regarding Yale Health's Gender Affirming Care services:



