Coverage Period: 1/1/2023 — 12/31/2023
Coverage for: All Coverage Tiers | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.yalehealth.yale.edu or call 1-203-432-0246. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-203-432-0246 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits">https://www.healthcare.gov/coverage/preventive-care-benefits</a> . COVID-  19 testing is covered at no charge both in-network and out-of-network.
Are there other deductibles for specific services?	Yes, <b>\$100</b> individual/ <b>\$300</b> family for speech therapy. There are no other specific <b>deductibles</b> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$3,000</b> /individual; <b>\$6,000</b> /family.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. Call <b>1-203-432-0246</b> for a list of <u>network providers.</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$0 copay	Not covered	none	
If you visit a health care provider's office or clinic	Specialist visit	\$0	\$0, if preauthorized; otherwise not covered	Preauthorization required for out-of-network care. If preauthorization is not obtained, service is not covered. A \$50 late cancellation/no-show fee may apply at Yale Health Center if appointment is missed or cancelled less than 24 hours before scheduled appointment.	
	Preventive care/screening/immunization	\$0	Not covered	Annual physical exam and well-woman exam limited to one visit/calendar year. Travel immunizations not covered.	
If you have a test	Diagnostic test (x-ray, blood work)	\$0 for x-ray and sonogram at Yale Health Center, \$20 copay outside of Yale Health Center. \$0 for blood work.	\$20 copay for x-ray and sonogram. \$0 for blood work. All services must be preauthorized or emergency; otherwise not covered	Preauthorization required for out-of-network care if non-emergency. If preauthorization is not obtained, service is not covered. COVID-19 testing is covered at no cost.	
	Imaging (CT/PET scans, MRIs)	\$0 at Yale Health Center, \$100 copay outside of Yale Health Center	\$100 copay. All services must be preauthorized or emergency; otherwise not covered	Preauthorization required for out-of-network care if non-emergency. If preauthorization is not obtained, service is not covered. A \$50 late cancellation/no-show fee may apply at Yale Health Center if appointment is missed or cancelled less than 24 hours before scheduled appointment.	

	Services You May Need	What You Will Pay		
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about	Tier 1 prescription drugs	Retail:  \$10 copay (up to 30 -day prescription)  \$20 copay (31-60 -day prescription)  \$20 copay (61-90-day prescription)  Mail:  \$20 copay/prescription (up to 90-day prescription)	Greater of 20% of the price of the drug or the applicable Tier 1 copay (plan reimburses the difference)	If generic is available and brand is dispensed, member pays applicable copay plus cost difference.
coverage is available at www.yalehealth.yale.e du or call 1-203-432-0246	Tier 2 prescription drugs	Retail:  \$45 copay (up to 30 -day prescription)  \$90 copay (31-60 -day prescription)  \$90 copay (61-90-day prescription)  Mail:  \$90 copay/prescription (up to 90-day prescription)	Greater of 20% of the price of the drug or the applicable Tier 2 copay (plan reimburses the difference)	If generic is available and brand is dispensed, member pays applicable copay plus cost difference.

	Tier 3 prescription drugs	Retail:  • 40% coinsurance (up to 30-day prescription) \$60 minimum; \$120 maximum  • 40% coinsurance (31–60-day prescription) \$120 minimum; \$240 maximum  • 40% coinsurance (61-90-day prescription) \$120 minimum; \$240 maximum  Mail:  • 40% coinsurance/prescription (up to 90-day prescription) \$120 minimum; \$240 maximum	Greater of 20% of the price of the drug or the applicable Tier 3 copay (plan reimburses the difference)	If generic is available and brand is dispensed, member pays applicable copay plus cost difference.
	Tier 4 Specialty drugs	Retail:  • 40% coinsurance (up to 30-day prescription) \$150 maximum  Mail:  • 40% coinsurance (up to 30-day prescription) \$150 maximum	Greater of 20% of the price of the drug or the applicable specialty copay (plan reimburses the difference)	A limit of a 30 day supply applies for specialty drug prescriptions.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$300 copay/visit	Not covered	none
surgery	Physician/surgeon fees	\$0	Not covered	none
If you need immediate medical attention	Emergency room care	\$150 copay/visit	\$150 copay/visit	Must meet definition of emergency. Copay waived if admitted.
	Emergency medical transportation	\$0	\$0	Must meet definition of emergency.
	Urgent care (In-person care is available from 8am to 10pm Mon to Sun;	\$0 (8am to 6pm M-F) \$20 copay for after-hours visits, from 6pm to 10pm, at	Facilities outside of Connecticut: \$50 copay/visit	Must meet definition of urgent. Facilities in Connecticut other than those listed under "Network Providers" are not covered.

	24/7 phone support by calling Yale Health Acute Care).	Yale Health Center including visits on weekends, holidays or recess days \$50 copay for in-person after hours care (between 10 pm and 8 am) at any of our network hospital/ED providers in CT:  Yale-New Haven Hospital three locations:  + Main Campus, 20 York St., New Haven + Saint Raphael Campus, 1450 Chapel St., New Haven + YNHH Shoreline Medical Center, 111 Goose Lane, Guilford		
If you have a hospital	Facility fee (e.g., hospital room)	\$400 copay/admission	\$400 copay/admission if preauthorized or emergency; otherwise not covered	Preauthorization required for out-of-network care if non-emergency. If preauthorization is not obtained, service is not covered.
stay	Physician/surgeon fees	\$0	\$0 if preauthorized or emergency; otherwise not covered	Preauthorization required for out-of-network care if non-emergency. If preauthorization is not obtained, service is not covered.
If you need mental	Outpatient services	\$0	Not covered	none
health, behavioral health, or substance abuse services	Inpatient services	\$400 copay/admission	Not covered	none
	Office visits	\$0	Not covered	none
If you are pregnant	Childbirth/delivery professional services	\$0	Not covered	none
	Childbirth/delivery facility	\$400 copay/admission	Not covered	none

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	Home health care	\$0	Not covered	Limited to 120 visits/calendar year
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient: \$400 copay/admission Outpatient: \$0, except for • Speech therapy: 20% coinsurance • Cardiac rehabilitation: \$10 copay/visit	Not covered	Speech therapy that is not part of inpatient rehabilitation or home health care is covered after \$100 individual/\$300 family deductible up to a maximum of \$4,000 per injury. Cardiac rehabilitation limited to 36 visits/calendar year.
	Habilitation services	Inpatient: \$400 copay/admission Outpatient: \$0, except for • Speech therapy: 20% coinsurance	Not covered	Includes physical, occupational, and speech therapy; must be medically necessary.  Speech therapy that is not part of inpatient habilitation or home health care is subject to deductible and coinsurance.
	Skilled nursing care	\$0	Not covered	Limited to 120 visits/calendar year; covered only as part of home health care benefit. Otherwise, not covered.
	Durable medical equipment	10% coinsurance	Not covered	Subject to the plan's out-of-pocket limit
	Hospice services	\$0	Not covered	Limited to 60 days.
If your child needs	Children's eye exam	\$0	Not covered	Limited to 1 exam per 12-month period.
dental or eye care	Children's glasses	Not covered	Not covered	none
uemai or eye care	Children's dental check-up	Not covered	Not covered	none

## **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult + Children)
- Long-term care

- Most coverage provided outside the United States
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Acupuncture (in lieu of anesthesia)

Chiropractic care

Infertility treatment

## Questions: Call 1-203-432-0246 or visit us at www.yalehealth.yale.edu.

Bariatric surgery
 Hearing aids
 Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact the plan at 1-203-432-5552. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.cciio.cms.gov">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-203-432-0246 or visit us at www.yalehealth.yale.edu or contact the Department of Labor's Employee Benefit and Security Administration at 1-866-444-EBSA (3272). Additionally, a consumer assistance program can help you file your appeal. A list of states with Consumer Assistance Programs is available at www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible \$0
■ Specialist copay \$0
■ Inpatient copay \$400
■ Rx copay \$10-20

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

 In this example, Peg would pay:

 Cost Sharing

 Deductibles
 \$0

 Copayments
 \$420

 Coinsurance
 \$0

 What isn't covered

 Limits or exclusions
 \$60

 The total Peg would pay is
 \$480

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible
Specialist copay
Inpatient copay
Rx copay
\$0
\$0
\$400
\$10-45

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$1,225	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,245	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copay	\$0
■ Emergency Department copay	\$15
Other coinsurance (DME)	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

\$0
\$160
\$25
\$0
\$185