

Gender Affirming Care Resource Guide for Patients

Yale Health is committed to providing comprehensive, supportive, individualized healthcare and health information to individuals with diverse expressions of gender and sexuality, and we are dedicated to LGBTQ inclusion in all our services.

Question(s) about:	Notes	Contact
Benefits and coverage	Consult your coverage booklet at yalehealth.yale.edu/coverage for information on Yale Health’s coverage of treatments related to gender dysphoria and gender transition.	Member Services 203-432-0246 or member.services@yale.edu
Claims	Check your claims status or denials.	Claims 203-432-0250 or yhclaims@yale.edu
Fertility preservation	Consult with your Primary Care Provider in Internal Medicine, Student Health, or Obstetrics & Gynecology	Internal Medicine 203-432-0038 Obstetrics & Gynecology 203-432-0222 Student Health Department 203-432-0312
Gender affirming surgery	Discuss surgical requirements with Care Management.	Care Management, 203-436-5791
Gender affirming care coordination	Our gender affirming care coordinator can assist you with getting started or support you with help needed while in progress.	Care Management, 203-436-5791
Hormone therapy	Your primary care provider will refer you to an Endocrinologist. To initiate treatment, please discuss the requirements with Care Management or the Endocrinology RN.	Specialty Services 203-432-0335
Mental/behavioral health	You might seek the assistance of a mental health professional for a number of reasons. Your mental health provider will evaluate readiness for next steps in your treatment and make recommendations.	Mental Health & Counseling for Yale students 203-432-0290, 3 rd Floor, Yale Health Center Behavioral Health for Yale Health members provided through Magellan Health 800-327-9240 Cheryl Doebrick 203-436-5706 (for assistance navigating the Magellan network)
My child’s transgender care	Consult with your child’s primary care provider.	Pediatrics 203-432-0206
Referrals	Check your referral status or denials.	Referrals 203-432-7397 or yhreferrals@yale.edu
Prescriptions	Consult the Yale Health Pharmacy with questions about your prescriptions, refills, etc.	Yale Health Pharmacy 203-432-0033